

This will be a 20 day seminar. Class time will be 10:00 AM to 5:00 PM each day; but be prepared to stay as late as 5:30 PM.

Manual Contains over 300 pages: Section One is theory; Section two is techniques

120 hours over 20 days

Day 1

Registration and payment of tuition

Thank you to the following Pioneers

Introduction

History of cranial techniques

Review anatomy of the cranium, dural membrane, sacrum and brain

Cranial Reciprocal Tension Membrane

Anatomy and Physiology (details)

Falx Cerebri

Tentorium Cerebelli

Falx Cerebelli

Dural Tube

Types Of Joints Of The Cranium

The Primary Respiratory Mechanism (PRM)

Sutherland's concepts

The inherent motility of the brain and spinal cord

The fluctuation of the cerebrospinal fluid

The mobility of the intracranial and intraspinal membranes

The bones of the skull have an ability to have a slight amount of movement on one another

There are different axis of motion between the sacrum and ilia

Additional Principles of Advanced Cranial Therapy

How we learn

Cranial Rhythmic Impulse (CRI)

CRI flexion and extension

During Inspiration (Flexion) of the Primary Respiratory Mechanism:

Cranial Sacral Approaches

Biomechanical

Functional

Biodynamic

Methods

Direct and Indirect

Fascial three dimensional stacking

Palpation and pressure

Practical

Feel the CRI and importance of quality

Different Hand Holds: CV1, Ice Tong

Bowl Balance (Viola Frymann) Practical

Day 2

Joints on Track (Practical)

Challenge Test

Mobility vs. Motility with regards to joints on track

Fascial Diaphragms

Tissue Release

Therapeutic Pulse

Important Points about fascia for Cranial Therapist's Consideration

Transverse (Horizontal) Oriented Fascial Diaphragms

Practical

McConnell's Test: here and after treating diaphragms

Diaphragm releases

McConnell's Test

Pelvic Diaphragms

Anatomy

Problems Associated

Respiratory Diaphragm

Anatomy

Indications for release of the respiratory diaphragm

Thoracic Inlet (Outlet)

Anatomy

Indications for release of the thoracic inlet are as follows

Hyoid Release

Indications for release of the hyoid region are as follows

Cranial fascia release

Epicranus Treatment

Occipitalis Treatment

Temporoparietalis Treatment

Possible Contraindications to skin rolling

Day 3

Facet joints

Practical

Peri-ischial Technique

Auricular Technique

CRI Blocks at the spine

Sacrum and Coccyx

Mobility and motility

The Sacrum

Mobility and Motility

Dural Tube

Primary and Secondary Respiration Mechanisms

Pelvic Balancing

Practical

Mobility and motility: feel cranium and listening stations then fix up facets etc.

Lumbosacral opening
Intraosseous lesion of sacrum
Opening of the Sacroiliac Joints
Sacrum hip release
The Coccyx
Practical
Patient Prone
Patient Seated

Day 4

Practical
Sacral torsions
Thoracic Inlet opening
Lung dome
Lung Apex from viscera point of view
Upper trapezius and sternocleidomastoid muscle release
Thoracic outlet to jugular bulb / SCM area
Global technique for ligamentum nuchae (Gehin)
Cranial / ear fascia

Day 5

Occipital Cranial Base Decompression (C0 – C1)
Suboccipital release tangentially
Importance of the Cranial Base Release
Indications for release of the occipital cranial base are as follows
Contraindications and cautions
Practical
Tentorium
Falx cerebri
Saggital and transverse sinuses
Inferior Subluxation of Petrojugular Articulation
Occipitomastoid joint (OM joint): Functional cranial test for upper and lower limbs and treatment

Day 6

Read Occiput
Practical: Occipitomastoid joint
OM joint induction test (Biomechanical) and treatment
Fascially
Petrobasilar
Resync OM joint
Practical
Lambda / Lanbdoidal impaction
Occipitomastoid Disimpaction
Petrojugular Technique

Day 7

Review Day

Questions and answers from the first 6 days

Review of hands on as needed

Day 8

Overview of Sphenoid

Cranial Base Strains: Practical

Boney measurements, static analysis

CRI Mobility analysis

Vertical Strain

Torsion

Side Bend Rotation

Day 9

Cranial Base Strains, continues

Lateral Strain

Compression

Continue reading about sphenoid bone

Practical

Ethmoid

release of cribriform plate A and B

Day 10

Review of Base Strains by students

Sphenoid bone reading continues

Time / Force and Direct / Indirect discussion

Practical

Drain sphenoidal sinuses

Reposition Vomer bone

Release Lesser Wing of Sphenoid

Release Palatine bone

Greater Wing of Sphenoid assessment

Day 11

Parietal Bone reading

Reanimation technique discussion

Practical

Spheno-zygomatic disengagement

Cant hook

Sphenoparietal disengagement

Sphenopalatine ganglion

Coronal pivot

Hinge Mastoid pivot

Day 12

Frontal Bones reading
Temporal Bone reading
Practical
Frontonasal
Frontal spread
Frontozygomatic
Temporozygomatic
Eustation tube stretch
Compression / Decompression of Temporal bone
Testing of foods

Day 13

Maxilla Bone reading
Practical
Review upper and lower limbs of Sphenosquamous pivot
Fixing base strains with the maxilla
Squamous suture
Nasal and Vomer bone repositioning
Homework - study all base strains. Each student will have to give a presentation
Maxilla
Inferior glide
Anterior glide
Maxillary spread
Mandibular spread
Maxillary torsion
Maxillary lateral strain

Day 14

Review Day
Base Strains Presentations by students
Questions and answers from the last 6 days
Review of hands on as needed
Homework assignment: Charting of 20 heads

Day 15

Discuss Charting Homework assignment
Mandible reading
Temporomandibular joint (TMJ) reading
Discuss Base Strains and the TMJ
Practical
Stylomandibular ligament
Sphenomandibular ligament
Balance Coronoid and Condylar Processes
Zygomatic-maxillary fossa
Frontozygomatic

Mandibular Decompression
Temporzygomatic
Zygomatic-maxillary
Zygomatic-frontal

Day 16

Dural tube reading
Still Point reading
Homework: feel and chart 50 heads, read through Techniques section 3 times
Practical
Sutherland Grip
Sphenoid Harmonization Technique
Dural tube assessment of restrictions and treatment
Spinal cord assessment of restrictions and treatment
Dural rocking and glide, general treatment
Treat specific dural and spinal cord restrictions
Down Pump

Day 17

Review homework
Still Points: Indications and Contraindications
Practical
Dissolve to feet
Still point to feet
Still point to sacrum
Hinge mastoid pivot
Sphenotemporal suture
Squamous suture
Pterion release

Day 18

Practical
Vertebral bodies assessment of restrictions and treatment
Nerve roots assessment of restrictions and treatment
CV4
V-Spread and Direction of Energy
Mammillary Body Stimulation
Introduction to Biodynamic Cranial

Day 19

Review Morning
Questions and answers from the last days
Review of hands on as needed
Afternoon Outside Patients
2 groups of student and 2 patients

Assess
Treatment

Day 20

Review Morning

Questions and answers from the last days

Review of hands on as needed

Afternoon Outside Patients

2 groups of student and 2 patients

Assess

Treatment

End of Mentorship wrap-up

Students return feedback forms

Certificates of course completion awarded

DynamicTherapies reserves the right to modify and / or change the material taught during the program and the order in which it is presented.